## What is the 4 : 1 ladder rules?



Ladder accidents often happen due to incorrect use, especially before climbing down. It may cause injuries if you aren't aware of it. As can be seen on the internet, 4-1 ratio will be about ladder safety information. Here are the guidance provided for a better safety.


For every four (4) feet of height you climb, move the base one (1) foot away from the wall that the ladder is resting against.

Make sure all four points of the ladder have a good contact with the walls and floor. This way, the ladder will not wobble when its touched. If you are worried that the ladder does not have a strong grip, you may contact our ladder safety expert for more info!

